

ARE YOU FEELING..

- FLU LIKE SYMPTOMS-
- CHILLS-
- RESTLESS LEGS-
- HEADACHES-
- MOOD SWINGS-
- CAN'T SLEEP-

HAVE YOU RECENTLY STOPPED TAKING:

Panadeine, Nurofen Plus and Mersyndol,
or other codeine based, generic pain relief products or
any codeine-containing cough, cold and flu products,
such as Codral, Demazin & pharmacy generic
cough, cold and flu medicines.

YOU ARE EXPERIENCING
OPIOID
WITHDRAWAL



CALL PAMS
FOR INFO & SUPPORT
1 800 443 844

WWW.HRVIC.ORG.AU

PHARMACOTHERAPY ADVOCACY MEDIATION & SUPPORT SERVICE (PAMS)
A PROGRAM OF HARM REDUCTION VICTORIA